



FIRST CLASS DAY NURSERY LUNCH MENU

February 2023 to July 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	Main Course	Baked Cod Fishcake Low Sugar Baked Beans New Potatoes	Vegetable Pasta Bake topped with Cheese Sweetcorn	Oven Baked Jacket Potato Grated Cheese Low Salt Baked Beans	Pork Sausage & Mixed Bean Cassoulet New Potatoes	Pepperoni Chicken, With Tomato, Peas, Potato Pitta Bread
	Vegetarian	Vegetable Cutlet Low Sugar Baked Beans New Potatoes	As Above	As Above	Vegan Sausage & Mixed Bean Cassoulet New Potatoes	Paprika Quorn, Potato & Pea Hot Pot Pitta Bread
	Dessert	Arctic Roll	Sliced Banana & Fromage Frais	Chocolate Orange Cake	Pears with Ice Cream	Lemon Drizzle Cake
	Weaning 3-9 Months	Potato & Baked Bean Puree	Sweetcorn, Mushroom & Pepper Puree	Cauliflower & Pepper Puree	Mixed Bean & Tomato Puree	Potato & Pea Puree
WEEK 2	Main Course	Vegetable Pasta Bake topped with Cheese Sweetcorn	Minced Beef & Root Vegetable Hot Pot Garden Peas	Chicken, Leek & Potato Casserole With Crusty Bread	Mixed Vegetable & Chicken Ragù in a Smoked Paprika & Oregano Tomato Sauce Steamed Rice	Pork Sausages in Gravy New Potatoes Mixed Vegetables
	Vegetarian	As Above	Veggie Mince & Root Vegetable Hot Pot Garden Peas	As above	Mixed Vegetable Ragù	Vegan Sausage in Gravy
	Dessert	Swiss Roll	Oranges With Yoghurt	Flapjack	Sliced Melon With Fromage Frais	Orange Cake
	Weaning 3-9 Months	Courgette & Butternut Squash Puree	Root Vegetable & Pea Puree	Potato & Baked Bean Puree	Chickpea, Tomato & Pea Puree	Mixed Vegetable Puree
WEEK 3	Main Course	Swedish Meatballs in Herby Tomato with Pasta Garden Peas	Pork Sausages in Gravy New Potatoes Peas	Oven Baked Jacket Potato Grated Cheese Low Salt Baked Beans	Vegetable Cutlet Low Sugar Baked Beans New Potatoes	Beef Bolognese Pasta Bake With Pepper & Courgette Peas
	Vegetarian	Mushroom & Spinach Pasta	Vegan Sausage in Gravy	As above	As Above	Veggie Mince Bolognese
	Dessert	Peaches & Natural Yoghurt	Vanilla Sponge	Arctic Roll	Vanilla Cookie	Cooked Apple With Custard
	Weaning 3-9 Months	Pasta, Tomato & Pea Puree	Cauliflower & Sweet Pot Puree	Mixed Vegetable Puree	Spinach & Sweetcorn Puree	Courgette & Pepper Puree

Week One

27th February
20th March
10th April
1st May
22nd May
12th June
3rd July
24th July

Week Two

6th March
27th March
17th April
8th May
29th May
19th June
10th July

Week Three

13th March
3rd April
24th April
15th May
5th June
26th June
17th July