

DAY NURSERY LUNCH MENU

February 2024 to August 2024

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Course	Oven Baked Jacket Potatoes Grated Cheddar Low Sugar Baked Beans	Casserole with Lentils, Cauliflower, Broccoli, Sweet Potato, Mixed Peppers Steamed Rice	Pork Sausage in Gravy New Potatoes Peas & Carrots	Cheesy Vegetable Pasta in a Herby Tomato Sauce Contains Spinach & Peas Sweetcorn	Beef & Vegetable Lasagne Peas
	Vegetarian	As Above	As Above	Vegan Sausages in Gravy New Potatoes Peas & Carrots	As Above	Mixed Vegetable Lasagne Peas
	Dessert	Peaches in Juice With Natural Yoghurt	Lemon Drizzle Cake	Sliced Melon	Vanilla Cookie	Sliced Pears With Ice Cream
	Weaning 3-9 Months	Potato & Baked Bean Puree	Lentil & Sweet Potato Puree	Potato & Carrot Puree	Spinach & Pea Puree	Pepper & Pea Puree
WEEK 2	Main Course	Casserole with Lentils, Cauliflower, Broccoli, Butternut Squash, Spinach Steamed Rice	Beef Chilli Con Carne With Peppers Courgette Kidney Beans & Carrots Garlic & Herb Potatoes	Cheesy Vegetable Pasta in a Herby Tomato Sauce Contains Sweetcorn & Courgette Peas	Oven Baked Jacket Potatoes Grated Cheddar Low Sugar Baked Beans	Pepperoni Chicken With Tomatoes, Peppers Pitta Bread
	Vegetarian	As Above	Quorn Mince Chilli with Peppers Courgette Kidney Beans & Carrots Garlic & Herb Potatoes	As Above	As Above	Paprika Quorn With Lentils, Tomatoes, Peppers Pitta Bread
	Dessert	Fruit Salad	Orange Wedges	Flapjack	Sliced Apples With Ice Cream	Vanilla Sponge
	Weaning 3-9 Months	Butternut Squash, Spinach Puree	Carrot & Bean Puree	Sweetcorn & Courgette Puree	Potato & Baked Bean Puree	Sweetcorn & Pea Puree
WEEK 3	Main Course	Cheesy Vegetable Pasta in a Herby Tomato Sauce Contains Peppers & Courgette Sweetcorn	Breast of Chicken Roasted Diced Potatoes Peas Served with Gravy	Casserole with Spinach, Cauliflower, Potato & Mixed Peppers Steamed Rice	Swedish Meatballs Served in Pasta with Herby Tomato Sauce Peas	Oven Baked Jacket Potatoes Grated Cheddar Low Sugar Baked Beans
	Vegetarian	As Above	Quorn Pieces with Gravy	As above	Spinach & Sweetcorn Pasta	As Above
	Dessert	Arctic Roll	Banana served with Ice Cream	Chocolate Orange Cake	Orange Wedges	Vanilla Cookie
	Weaning 3-9 Months	Tomato & Pea Puree	Pea & Potato Puree	Spinach & Cauliflower	Peas & Tomato Puree	Courgette & Pepper Puree

Week One

19th February 11th March 1st April 22nd April 13th May 3rd June 24th June 15th July

Week Two
26th February
18th March
8th April
29th April
20th May
10th June
1st July
22nd July

Week Three 4th March 25th March 15th April 6th May 27th May 17th June 8th July 29th July